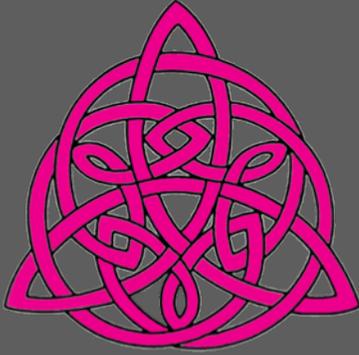


The Midwife Matrix



The Midwife Matrix

is the interlaced and interdependent circuitry of energy and exchange that is, and always has been, embedded in the art and practice of midwifery.

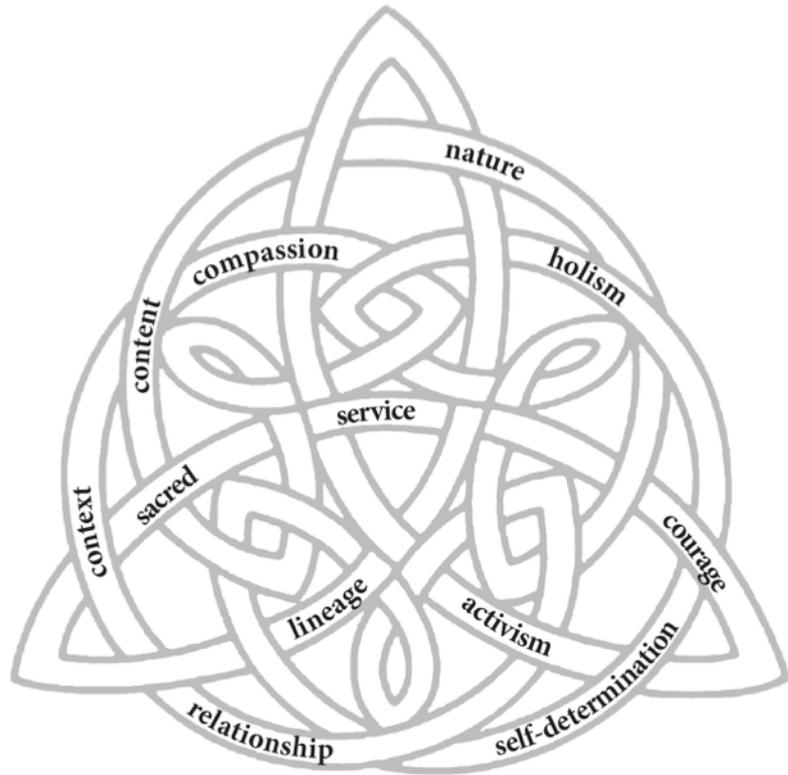
The Midwife Matrix,

depicted as a Celtic Trinity Knot, is a pathway of loops that has no beginning and no ending. Each quality freely circulates and is perpetually woven together with every other quality, blending essence with intention to create a unified and elegant whole.

The Midwife Matrix

is a doable, scalable, sustainable healthcare model, which provides a blueprint to improve outcomes, reduce racial and ethnic disparities, ensure equity, increase satisfaction, and maximize healthcare dollars.

12 Qualities That Matter



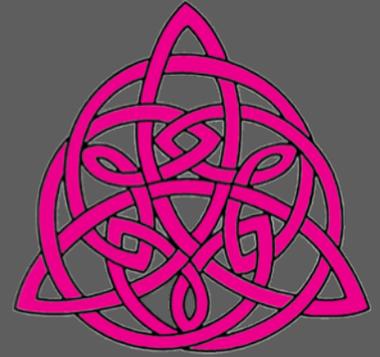
The Midwife Matrix is rooted in a traditional system of holistic, woman-centered, women-led healing. The Midwife Matrix is a source pattern—the Mother Plant—the seedbed of ancient women’s wisdom that nurtures modern midwifery knowledge and practice. The Midwife Matrix is a fundamentally different approach to pregnancy and childbirth than contemporary obstetrics.

The Midwife Matrix is encoded in 12 Essential Qualities that matter, which are replicable in any healthcare setting or arena of human service. For maternity care it is a personalized approach that centers on *the person* and not *the procedures*. Most people want a birth experience, not a medical experience. While birth technology has its place, every pregnancy is unique, every labor progresses at its own pace, and every pregnant or birthing person wants their unique humanity acknowledged and respected. The Midwife Matrix focuses on *quality of care* rather than *quantity of procedures or billable hours*. In our contemporary world, this approach to healthcare has never been more important. It is a less stressful and more wholesome and satisfying model for both givers and receivers of care.

The Midwife Matrix

12 Qualities That Matter

1. **Context** is not a neutral aspect of maternity care and will, to a large degree, determine meaning, define who is in power, and have a profound effect on those giving birth, those being born, and birth workers.
2. The **content** of maternal and child healthcare is defined by the model of care provided, and it is comprised of the substantive and fundamental features of what health services are delivered to women and babies, and how those services are delivered.
3. **Holism** recognizes that what affects one part affects all parts because everything is intimately connected—body, mind, and spirit.
4. **Nature** has masterfully designed the elegantly complex processes of pregnancy, birth, lactation, and mother-infant attachment, and in most cases, no amount of tampering can improve them.
5. There is a **sacred** and invisible domain through which women and infants must pass to give birth and be born. Birth is not just physiologic; it is a soul journey.
6. It is an essential longing of humans to be in **relationship** with one another.
7. **Compassion** is not a luxury, it is a biological imperative because our brains are hardwired to care about one another.
8. At the core of **self-determination** is a critical question: Are women in charge of their bodies, their births, their babies, their decisions, and their lives, or not?
9. Committing oneself to **service** contributes to actualizing the attainable vision of the Beloved Community, a society based on justice, equity, inclusiveness, and love of one's fellow human beings.
10. **Activism** is about ordinary citizens standing up to preserve human values and behaviors of integrity, standing firm for what will benefit humanity and all living beings, especially amidst disorder and degradation.
11. **Courage** is the willingness, no matter how afraid a person might be, to walk through life with an attitude of fearlessness.
12. **Lineage** is an immanent force that is present in the sensitivity in our hands, the knowledge in our minds, and the trust in our hearts, and it originates from a pool of women-centered wisdom as old as time.



The Midwife Matrix is a template of 12 unique yet interconnected qualities that matter to people who give birth and to the midwives who care for them.

The power of **The Midwife Matrix** is found when people are in relationship with one another, in a synergistic exchange of giving and receiving. These relationships offer a continual flow of abundant energy back and forth, and both givers and receivers benefit from this exchange.

BIRTH MATTERS.

How we come into this world, and how we are received, deeply influences the whole of our time on earth.

The Midwife Matrix matters to people.